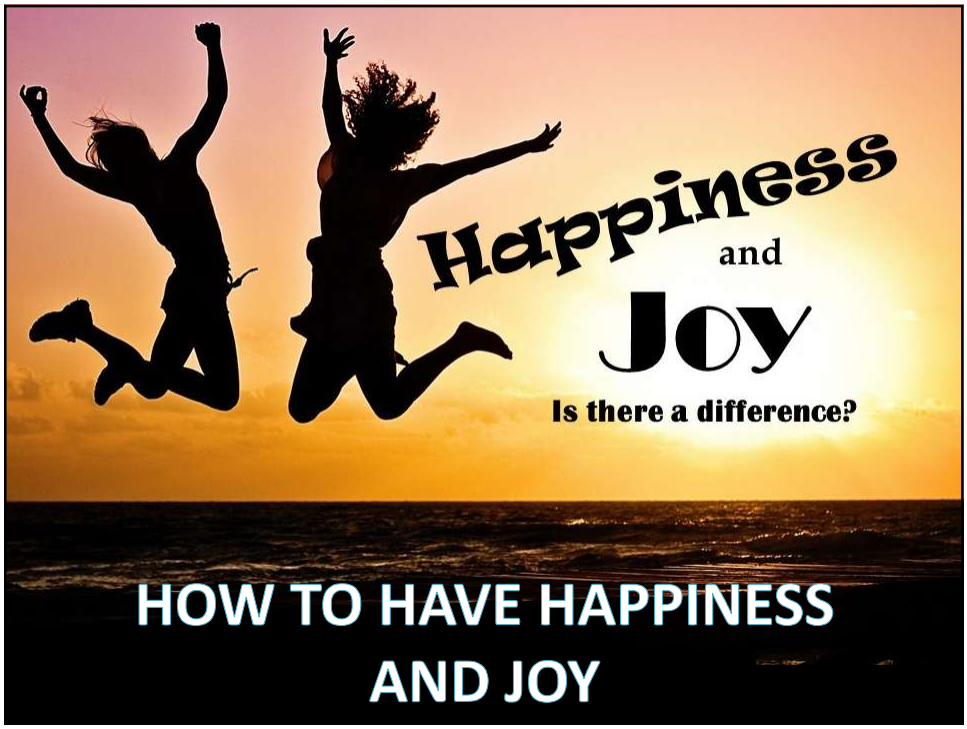
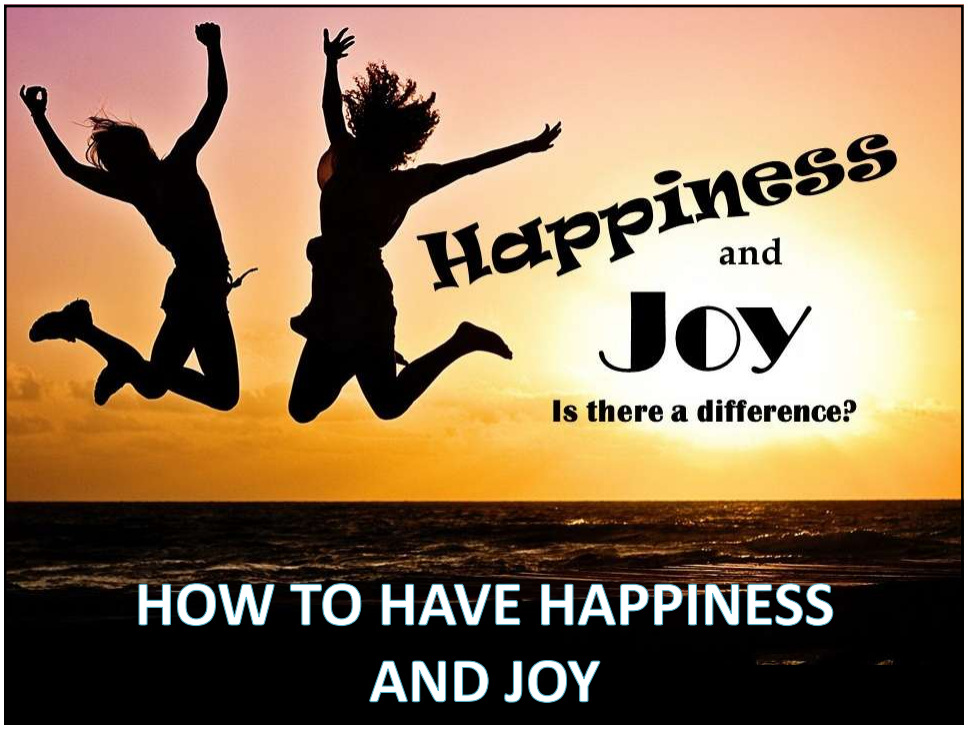

Happiness
and
Joy
Is there a difference?
HOW TO HAVE HAPPINESS
AND JOY


Happiness
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HOW TO HAVE HAPPINESS
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The problem with the quick fixes.

1. They are short-lived.
2. By repetition they lose their relish
3. and they rob all normal pleasures

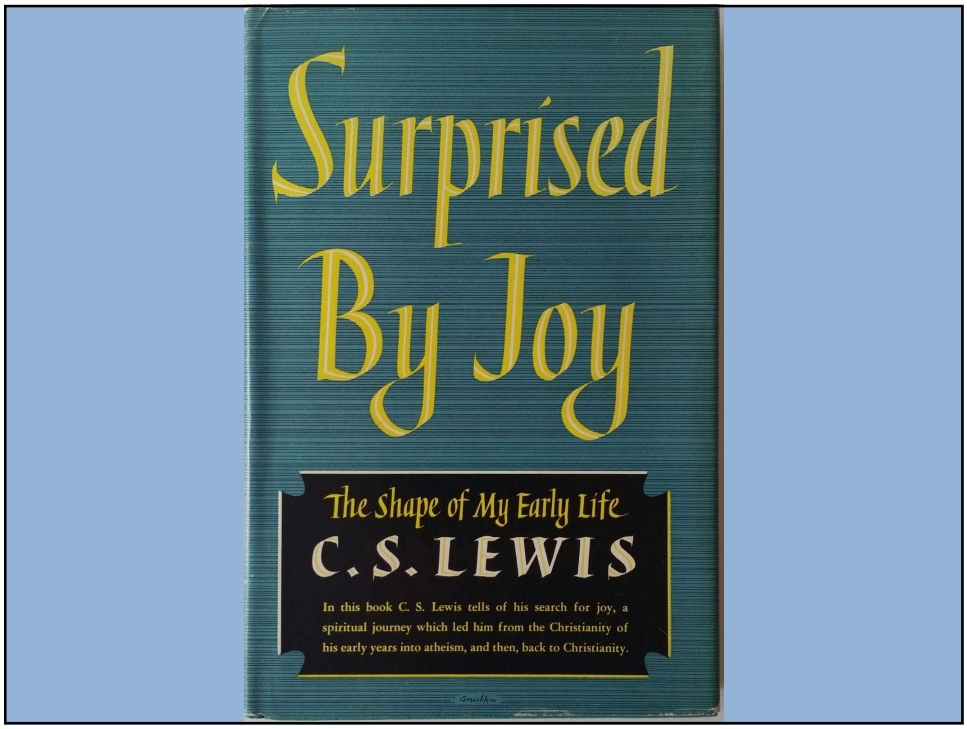
of their value, such as friendship and beauty.

Men and women are

- DEFILED BY SIN
- ENTRANCED BY PASSION
- FAST HELD BY FEARS
- WRECKED WITH CARES
- DISTRACTED WITH CURIOSITES
- ENTRANCED BY VANITIES
- ENCOMPASSED BY ERRORS
- WORN OUT BY LABORS
- BURDENED BY TEMPTATIONS
- INVETERATED BY PLEASURES
- AND TORMENTED BY WANTS

But the fruit of the *Spirit*
is love, joy, peace, patience,
kindness, goodness,
faithfulness, gentleness,
self-control;
against such things
there is no law.

Galatians 5:22-23



2 Corinthians 11:23

Are they Servants of Christ, I'm out of my mind to talk like this, but I am more.

I have worked much harder been in prison more frequently been flogged more severely been exposed to death again and again.

Five times I received from the Jews the 40 lashes minus one.

Three times I was beaten with rods, once I was stoned, three times I was shipwrecked

I spent a night and a day in the open sea.

I've been constantly on the move.

- **I've been in danger from rivers,**
- **in danger from bandits,**
- **in danger from my own countrymen,**
- **in danger from Gentiles,**
- **in danger in the city,**
- **in danger in the country,**
- **in danger at sea,**
- **and in danger from false brethren.**

I have labored and toiled and have often gone without sleep.

I've known hunger and thirst and have often gone without food.

I've been cold and naked.

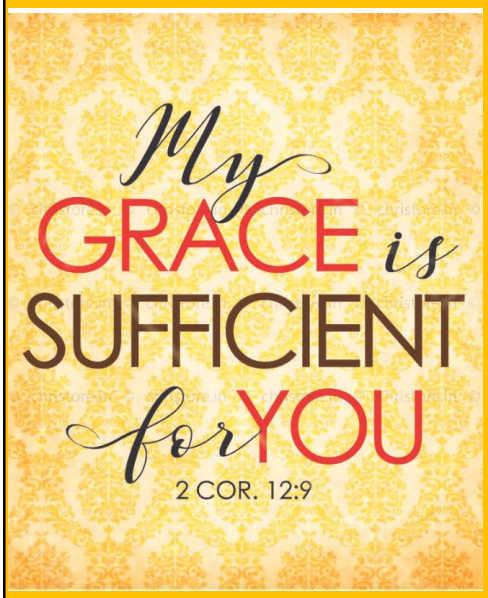
And besides everything else, I face daily the pressure of my concern for all the churches.

To keep me from becoming conceited, (because of the dreams and visions that he had), because of these surpassingly great revelations there was given me a thorn in my flesh a messenger of Satan to torment
me.

Three times I pleaded with the Lord to take it away from me, but he said to me my grace is sufficient for you for my power is made perfect in weakness.

Therefore, I will boast all the more gladly about my weaknesses so that Christ's power may rest on me.

That is why for Christ's sake I delight in weaknesses, in insults, in hardships in persecutions, in difficulties, for when I'm weak then I am strong.
2 Cor. 12:7-10



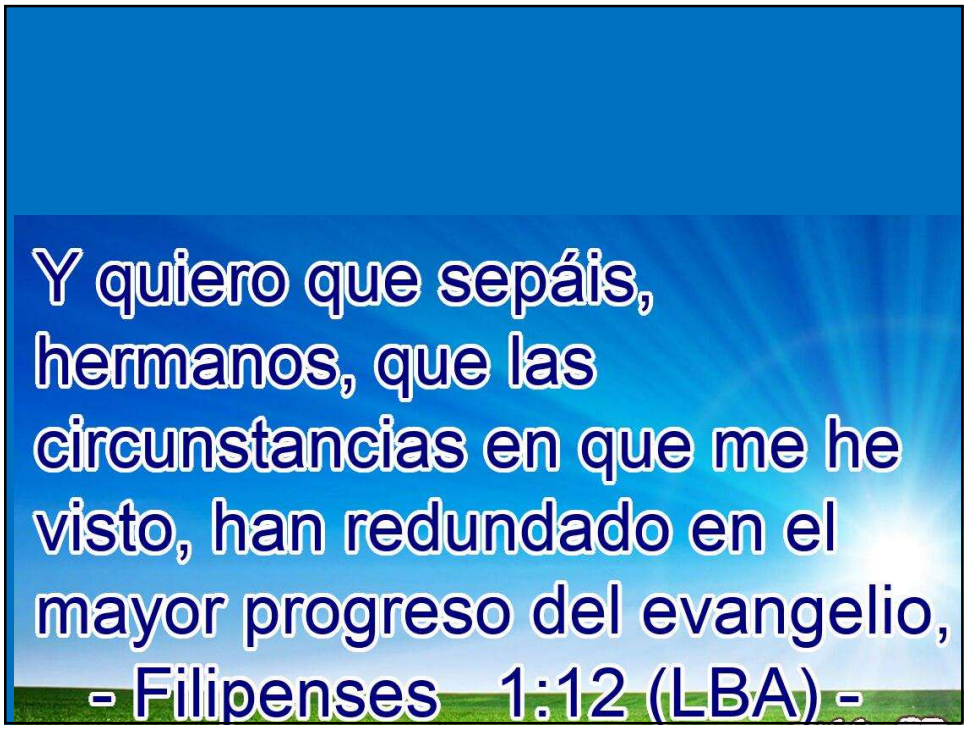
Mi Gracia es suficiente para ti

1. God can bring good out of anything

Romans 8:28

We know, not we guess, we
know that in all that happens, all
that happens,
that's the good, the bad
and the ugly,
we know that all, in all that happens
God works for the good of those
who love him and
are called according to his purpose.

I want you to know dear brothers and sisters
that everything, everything, all what had happened in the past four years that I told you about,
everything that has happened to me has helped to spread the good news. Philippians 1:12. *



1. It tells us that some of Nero's own family had come to Christ.

"Hermanos, quiero que sepan que, en realidad, lo que me ha pasado ha contribuido al avance del evangelio. 13 Es más, se ha hecho evidente a toda la guardia del palacio y a todos los demás que estoy encadenado por causa de Cristo" (Filipenses 1:12-13

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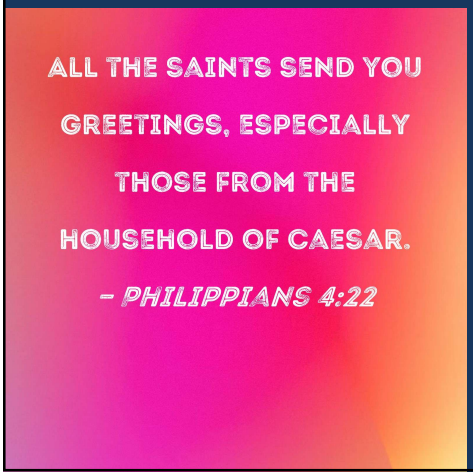
(Filipenses 1:12-13



2. Believers began to be bolder in the sharing of the Gospel through Paul's example.

14 And because of my chains, most of the brothers and sisters have become confident in the Lord and dare all the more to proclaim the gospel without fear. *

2. Believers began to be bolder in the sharing of the Gospel through Paul's example.

Y la mayoría de los hermanos, cobrando ánimo en el Señor con mis prisiones, se atreven mucho más a hablar la palabra sin temor.

- Filipenses 1:14 (RVR) -

3. Paul was given a new agenda by the Lord.

4. Paul got some rest

2. Face every situation with faith not fear

14 They (the brethren) proclaim the gospel without fear.

Lord,
Help me, help me to see this from your perspective,
help me to see my situation from your vantagepoint.

Help me to face this problem with faith
not fear. Amen and amen

3. Control my attitude

Four kinds of people:

1. critics
2. companions
3. competitors
4. challengers.

Critics
Vs.15
There are some people who preach Christ because they're jealous of us and they like to argue.
Algunos, predican a Cristo por envidia y contienda.

Companions

Vs.15

But others preach about Christ with pure motives. [16] They preach because they love me, for they know I have been appointed to defend the Gospel.

Pero otros, de buena voluntad.

Competition

Vs.17

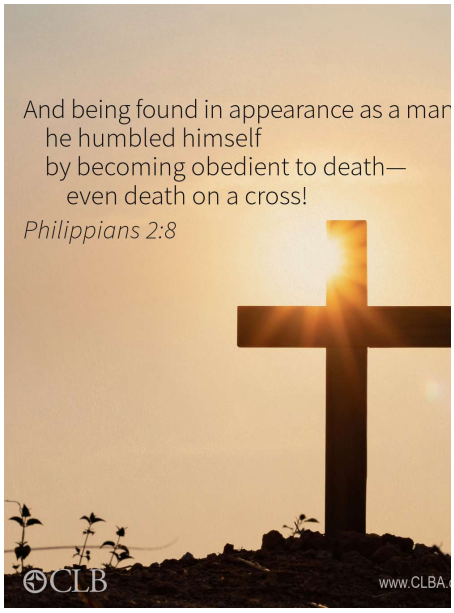
Some preach Christ out of selfish ambition, not sincerely.

Aquellos predican a Cristo por ambición personal y no por motivos puros,

Challengers (Crazy makers)
Vs.17b
Supposing that they can stir up trouble for me while I am in chains.
Pensando que con ello hacen más dura mi prisión.

18.
If their motives are false or genuine, the message about Christ is being preached either way, so I rejoice. And I will continue to rejoice.

4. Paul says you can have enduring happiness no matter what if I have the mind of Christ.



1)Fret not--God loves you (Romans 8:28), **All things work out for good for those under His care because He cares for you.**

2)Faint not--He holds you (Phil 4:11 **I have learned to be content whatever the circumstance**),

Attitude is altitude.
I choose to accept that God is in control of the universe and my life.

3)Fear not--He keeps you.
I live my life with faith not fear.

4) Fuse not. He abides with you. **Be anxious for nothing but in everything let the peace of Christ rule your hearts and minds.** Philippians 4:6,7

Your life can be filled with
HAPPINESS
AND JOY